



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SEPTEMBER GYM SCHEDULE

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 9:00 AM	<b>OPEN GYM</b> 5:00 AM - 10:00 PM	<b>OPEN GYM</b> 5:00 AM - 9:00 AM	<b>OPEN GYM</b> 5:00 AM - 10:00 PM	<b>OPEN GYM</b> 5:00 AM - 9:00 AM	<b>OPEN GYM</b> 7:30 AM - 6:00 PM	<b>OPEN GYM</b> 12:00 PM - 6:00 PM
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM	<b>PICKLEBALL</b> 9:00 AM - 11:00 AM		<b>PICKLEBALL</b> 9:00 AM - 11:00 AM		<b>PICKLEBALL</b> 9:00 AM - 11:00 AM		
10:00 AM							
11:00 AM	<b>OPEN GYM</b>		<b>OPEN GYM</b>		<b>OPEN GYM</b>		
12:00 PM							
1:00 PM	<b>BADMINTON</b> 1:00 PM - 2:30 PM		<b>BADMINTON</b> 1:00 PM - 2:30 PM		<b>BADMINTON</b> 1:00 PM - 2:30 PM		
2:00 PM							
3:00 PM	<b>OPEN GYM</b> 2:30 PM - 10:00 PM	<b>OPEN GYM</b> 2:30 PM - 10:00 PM	<b>OPEN GYM</b> 2:30 PM - 10:00 PM				
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

  

NEW GYM										
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 4:30 PM	<b>OPEN GYM</b> 5:00 AM - 10:00 PM	<b>OPEN GYM</b> 5:00 AM - 4:30 PM	<b>OPEN GYM</b> 5:00 AM - 5:30 PM	<b>OPEN GYM</b> 5:00 AM - 10:00 PM	<b>OPEN GYM</b> 7:30 AM - 6:00 PM	<b>YOUTH VOLLEYBALL LEAGUE</b>			
6:00 AM										
7:00 AM										
8:00 AM										
9:00 AM										
10:00 AM										
11:00 AM										
12:00 PM										
1:00 PM								<b>YOUTH VOLLEYBALL LEAGUE</b>	<b>YOUTH VOLLEYBALL LEAGUE</b>	<b>ITTY BITTY</b> 5:30 PM - 6:30 PM
2:00 PM										
3:00 PM	<b>OPEN GYM</b> 7:00 PM - 10:00 PM	<b>OPEN GYM</b> 7:00 PM - 10:00 PM	<b>OPEN GYM</b> 6:30 PM - 10:00 PM							
4:00 PM										
5:00 PM										
6:00 PM										
7:00 PM										
8:00 PM										
9:00 PM										
10:00 PM										

**\*IMPORTANT DATES\***

September 3rd - YMCA CLOSED

In the event of rain Soccer has use of Gym 2