



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

OCTOBER

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 8:00 AM		OPEN GYM 5:00 AM - 8:00 AM		OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 7:00 AM-5:00 PM	
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM	PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		
10:00 AM							
11:00 AM							
12:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 5:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 5:00 AM -9:00 PM	OPEN GYM 11:00 AM - 7:00 PM		OPEN GYM 12:00-5:00PM
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM	OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 9:00 PM	OPEN GYM 5:00 AM - 7:00 PM	OPEN GYM 7:00 AM-5:00 PM	
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM	VBALL PRACTICE	VBALL PRACTICE	VBALL PRACTICE 4:00-8:00PM				VOLLEYBALL GAMES
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	OPEN GYM 7:00 AM - 9:00 PM	OPEN GYM 7:00 AM - 9:00 PM	OPEN GYM				
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

IMPORTANT NOTES

VB ENDS 10/17 W/ BB BEGINNING 10/25
PICKLEBALL TOURNAMENT 10/23 IN GYM 1-8:30-2PM