



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

OCTOBER

BURLINGTON AREA YMCA

OLD GYM								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM								
6:00 AM	OPEN GYM 5:00 AM - 9:00 AM		OPEN GYM 5:00 AM - 9:00 AM		OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 7:00 AM - 10:00 AM		
7:00 AM								
8:00 AM								
9:00 AM	PICKLEBALL 9:00 AM - 11:00 AM		PICKLEBALL 9:00 AM - 11:00 AM		PICKLEBALL 9:00 AM - 11:00 AM	PICKLEBALL 9:00 AM - 11:00 AM		IBS
10:00 AM								
11:00 AM	OPEN GYM 11:00 AM - 5:30 PM		OPEN GYM 5:00 AM - 10:00 PM		OPEN GYM 5:00 AM - 8:00 PM	OPEN GYM 11:00 AM - 7:00 PM		OPEN GYM 11:00 AM - 5:00 PM
12:00 PM								
1:00 PM								
2:00 PM								
3:00 PM								
4:00 PM	IBS							
5:00 PM								
6:00 PM	OPEN GYM							
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM								

NEW GYM										
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
5:00 AM	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED				
6:00 AM										
7:00 AM		IBS				GYM CLOSED		GYM CLOSED	GYM CLOSED	GYM CLOSED
8:00 AM										
9:00 AM		GYM CLOSED				GYM CLOSED		GYM CLOSED	GYM CLOSED	GYM CLOSED
10:00 AM										
11:00 AM										
12:00 PM										
1:00 PM										
2:00 PM	GYM CLOSED	GYM CLOSED			GYM CLOSED					
3:00 PM										
4:00 PM	VOLLEYBALL PRACTICE 4:30PM-6:00PM			VOLLEYBALL PRACTICE 4:30-8:00	FRIDAY NIGHT @ THE Y 5:00PM-6:30PM					
5:00 PM										
6:00 PM	GYM CLOSED									
7:00 PM										
8:00 PM										
9:00 PM										
10:00 PM										

IMPORTANT NOTES

ITTY BITTY SPORTS(IBS) TO START 10/15

VOLLEYBALL TO END 10/10