



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

November 1 - November 30

BURLINGTON AREA YMCA

OLD GYM (1)											
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
5:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 7:30 AM - 5:00 PM					
6:00 AM											
7:00 AM											
8:00 AM											
9:00 AM	PICKLEBALL 9:00 AM - 11:00 AM				PICKLEBALL 9:00 AM - 11:00 AM				PICKLEBALL 9:00 AM - 11:00 AM		
10:00 AM											
11:00 AM	OPEN GYM 11:00 AM - 1:00 PM				OPEN GYM 11:00 AM - 1:00 PM				OPEN GYM 11:00 AM - 1:00 PM		
12:00 PM											
1:00 PM	BADMINTON 1:00 PM - 2:30 PM				BADMINTON 1:00 PM - 2:30 PM				BADMINTON 1:00 PM - 2:30 PM		OPEN GYM 1:00 PM - 4:00 PM
2:00 PM											
3:00 PM	OPEN GYM				OPEN GYM 2:30 PM - 5:00 PM						
4:00 PM					Youth B-ball		Indoor Soccer League				
5:00 PM	Youth B-ball Practice 4:00-8:00PM		OPEN GYM 2:30 PM - 10:00 PM								
6:00 PM					Friday Night Youth Night 6:00 PM - 8:30 PM						
7:00 PM											
8:00 PM	OPEN GYM 8 PM - 10 PM										
9:00 PM					OPEN GYM						
10:00 PM											

NEW GYM (2)											
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
5:00 AM	OPEN GYM 5:00 AM - 5:40 PM	OPEN GYM 5:00 AM - 2:00 PM	OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 7:30 AM - 8:30 AM					
6:00 AM											
7:00 AM											
8:00 AM											
9:00 AM											
10:00 AM											
11:00 AM											
12:00 PM											
1:00 PM											
2:00 PM								Itty Bitty Sports			
3:00 PM		Gym Rental 3:30-4:45		Gym Rental 3:30-4:45	Gym Rental 3:30-4:45		Indoor Soccer League starting Nov. 11				
4:00 PM	Gym Rental 3:30-5:30					Open Gym	Youth B-ball				
5:00 PM		Youth B-Ball Practice 5:00PM - 8:00PM	Youth B-Ball Practice 4:00PM - 8:00PM	Youth B-Ball Practice 5:00PM - 8:00PM	Youth B-ball						
6:00 PM	Adult Volleyball League 6:00 PM - 8:00 PM				Friday Night Youth Night 6:00 PM - 8:30 PM						
7:00 PM											
8:00 PM	OPEN GYM 8:00 PM - 10:00 PM	SOCCER OPEN GYM 8:15 pm - 9:45 pm	OPEN GYM 8:00 PM - 10:00 PM	SOCCER OPEN GYM 8:15 pm - 9:45 pm							
9:00 PM					OPEN GYM						
10:00 PM											

IMPORTANT NOTES

*Soccer Open Gym stars Nov. 6 : Free for members, day pass for non-members

Adult Volleyball begins November 5th

Gym 1 and Gym 2 used on November 17th