



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

March

BURLINGTON AREA YMCA

OLD GYM										
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
5:00 AM										
6:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 7:00 AM - 6:00 PM	OPEN GYM 12:00- 6:00			
7:00 AM										
8:00 AM										
9:00 AM	PICKLEBALL 9:00 AM - 11:00 AM				PICKLEBALL 9:00 AM - 11:00 AM				PICKLEBALL 9:00 AM - 11:00 AM	
10:00 AM										
11:00 AM	OPEN GYM 11:00 AM - 1:00 PM				OPEN GYM 11:00 AM - 1:00 PM				OPEN GYM 11:00 AM - 1:00 PM	
12:00 PM										
1:00 PM	BADMINTON 1:00 PM - 2:30 PM				BADMINTON 1:00 PM - 2:30 PM				BADMINTON 1:00 PM - 2:30 PM	
2:00 PM										
3:00 PM										
4:00 PM									OPEN GYM 2:30PM - 5:55PM	
5:00 PM										
6:00 PM	OPEN GYM 2:30 PM - 10:00 PM				OPEN GYM 2:30 PM - 10:00 PM				Friday Night Youth Night 6:00 PM - 8:30 PM	
7:00 PM										
8:00 PM										OPEN GYM
9:00 PM										
10:00 PM										

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM	OPEN GYM 5:00 AM - 2:00 PM	OPEN GYM 5:00 AM - 2:00 PM	OPEN GYM 5:00 AM - 2:00 PM	OPEN GYM 5:00 AM - 2:00 PM	OPEN GYM 5:00 AM - 2:00 PM	Open Gym 7:00 AM - 6:00 PM	Adult Indoor Soccer League
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM	Gym Rental 2:00 PM - 4:00 PM	Gym Rental 2:00 PM - 4:00 PM	Gym Rental 2:00 PM - 4:00 PM	Gym Rental 2:00 PM - 4:00 PM	Gym Rental 2:00 PM - 4:00 PM		
3:00 PM							
4:00 PM					Open Gym 4:00 PM - 5:55 PM		
5:00 PM							
6:00 PM	Open Gym 4:00 PM - 10:00 PM	Open Gym 4:00 PM - 8:00 PM	Open Gym 4:00 PM - 10:00 PM	Open Gym 4:00 PM - 8:00 PM	Friday Night Youth Night 6:00 PM - 8:30 PM		
7:00 PM							
8:00 PM		SOCCER OPEN GYM 8:00 PM - 10:00 PM		SOCCER OPEN GYM 8:00 PM - 10:00 PM	OPEN GYM		
9:00 PM							
10:00 PM							

IMPORTANT NOTES

Soccer Open Gym: Free for members and Adult League team members, day pass for non-members

Winter Soccer League Games on March 2nd 9am-5pm

Friday Night Youth Night Ends March 8