



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GYM SCHEDULE

MAY

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 7:00AM-5:00PM	
6:00 AM							
7:00 AM							
8:00 AM	PICKLEBALL 8:00 AM - 11:00 AM	PICKLEBALL 8:00 AM - 11:00 AM	PICKLEBALL 8:00 AM - 11:00 AM	PICKLEBALL 8:00 AM - 11:00 AM	PICKLEBALL 8:00 AM - 11:00 AM		
9:00 AM							
10:00 AM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 6:00 PM	OPEN GYM 11:00 AM - 7:00 PM		
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM				PICKLEBALL 6:00 PM - 9:00 PM			
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 6:00 PM	OPEN GYM 11:00 AM - 7:00 PM		
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 6:00 PM	OPEN GYM 11:00 AM - 7:00 PM		

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 10:30 PM	OPEN GYM 5:00 AM - 10:30 PM	OPEN GYM 5:00 AM - 10:30 PM	OPEN GYM 5:00 AM - 10:30 PM	OPEN GYM 5:00 AM - 10:30 PM	OPEN GYM 7:00 AM - 5:00 PM	
6:00 AM							
7:00 AM							
8:00 AM	CHILDCARE 10:30 AM - 11:30 AM	CHILDCARE 10:30 AM - 11:30 AM	CHILDCARE 10:30 AM - 11:30 AM	CHILDCARE 10:30 AM - 11:30 AM	CHILDCARE 10:30 AM - 11:30 AM		
9:00 AM							
10:00 AM	OPEN GYM 11:30AM - 4:00 PM	OPEN GYM 11:30AM - 4:00 PM	OPEN GYM 11:30 AM - 5:00 PM	OPEN GYM 11:30 AM - 4:00 PM	OPEN GYM 11:30 AM - 4:00 PM		
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM				VBALL PRACTICES 4:00 PM - 6:00PM	VBALL PRACTICES 4:00 PM - 8:00PM		
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	OPEN GYM 6:00 - 9:00PM	OPEN GYM 8:00 - 9:00 PM	OPEN GYM 7:00 - 9:00PM	OPEN GYM 8:00 - 9:00 PM			
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM	OPEN GYM 6:00 - 9:00PM	OPEN GYM 8:00 - 9:00 PM	OPEN GYM 7:00 - 9:00PM	OPEN GYM 8:00 - 9:00 PM			

**\*IMPORTANT NOTES\***

**\*SPRING VOLLEYBALL LEAGUE ENDS MAY 14TH**  
**\*\*KINDER BASKETBALL ENDS MAY 17TH**  
**\*\*\*\* ITTY BITTY SPORTS STARTS MAY 21ST**