



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

MAY

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
6:00 AM	OPEN GYM		OPEN GYM		OPEN GYM		
7:00 AM	5:00 AM - 9:00 AM		5:00 AM - 9:00 AM		5:00 AM - 9:00 AM		
8:00 AM							
9:00 AM	PICKLEBALL		PICKLEBALL		PICKLEBALL		
10:00 AM	9:00 AM - 11:00 AM		9:00 AM - 11:00 AM		9:00 AM - 11:00 AM		
11:00 AM	OPEN GYM		OPEN GYM		OPEN GYM	OPEN GYM	
12:00 PM	11:00 AM - 1:00 PM		11:00 AM - 1:00 PM		11:00 AM - 1:00 PM		
1:00 PM	BADMINTON	OPEN GYM	BADMINTON	OPEN GYM	BADMINTON	7:00 AM - 6:00 PM	
2:00 PM	1:00 PM - 2:30 PM		5:00 AM - 10:00 PM		1:00 PM - 2:30 PM	5:00 AM - 10:00 PM	1:00 PM - 2:30 PM
3:00 PM							12:00 PM- 6:00 PM
4:00 PM							
5:00 PM	OPEN GYM		OPEN GYM		OPEN GYM		
6:00 PM	2:30 PM - 10:00 PM		2:30 PM - 10:00 PM		2:30PM - 10:00 PM		
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	Open Gym	
1:00 PM	5:00 AM - 10:00 PM	5:00 AM - 10:00 PM	5:00 AM - 10:00 PM	5:00 AM - 10:00 PM	5:00 AM - 10:00 PM		7:00 AM - 6:00 PM
2:00 PM							OPEN GYM
3:00 PM							12:00 PM- 6:00 PM
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

IMPORTANT NOTES

In case of bad weather Spring Soccer may use Gym 2
Summer building hours go into effect after Memorial Day(4/27)