

Martial Arts Schedule

Class	MON	TUE	WED	THUR	FRI	SAT
APF/MMA						
Boxing		6-8 pm				
Muay Thia Kickboxing				5-8pm		1-4 pm
Wrestling/Jujitsu			5-8 pm			
Boxing/Kickboxing	9:30-10:30am				9:30-10:30am	
APF/ MMA Youth		5-6 pm				
Mann's PIT			5-6pm	5-6pm		1-2pm
Shakeh/Jeet Kune				6-8pm		9-11 am
Shakeh Kids Martial Arts						11-12pm
Street Self Defense	9:00-10:00am			10:30-11:30am		
Bushidokan	7:00-8:30p		7:00-8:30p			
Bushidokan Youth	6:00-6:50pm		6:00-6:50pm			
Little Dragons			5:00-5:45pm			

APF/ MMA Training: Ages 16+
 Members: \$50/mo.
 Community: \$60/mo.
 Drop In Class: \$10/class

Shakeh/Jeet Kune Do: Ages 14+
 Members: \$50/mo.
 Community: \$60/mo.
 1 class per week \$45/mo.
 Active Military/Veterans \$45/mo.

APF/MMA Youth: Ages 8-15
 Members: \$25/mo.
 Community: \$30/mo.

Kids Shakeh: Ages 5-13
 Members: \$25/mo.
 Community: \$30/mo.

Mann's Pit: Age 16+
 Members: \$40/mo.
 Community: \$55/mo.

Bushidokan Martial Arts: Ages 15+
 Members: \$45/mo.
 Community: \$60/mo.

Boxing/Kickboxing: Ages 18+
 Members: \$40/mo.
 Community: \$50/mo.

Bushidokan Youth: Ages 8-14
 Members: \$25/mo.
 Community: \$35/mo

Street Self Defense: Ages 14+
 Member Community
 Single rate: \$25/mo. \$35/mo.
 Family rate: \$45/mo. \$65/mo.

Little Dragons: Ages 4-7
 Members: \$25/mo
 Community: \$35/mo

All Martial Arts registrations are open until the 10th of each month. Any fees paid after the 10th of the month will include an additional \$10 late fee.