



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

JULY

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 8:00 AM		OPEN GYM 5:00 AM - 8:00 AM		OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 7:00 AM-5:00 PM	
6:00 AM							
7:00 AM							
8:00 AM	PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	OPEN GYM 11:00 AM - 9:00 PM		OPEN GYM 5:00 AM - 9:00 PM		OPEN GYM 11:00 AM - 9:00 PM		
1:00 PM							
2:00 PM							
3:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 7:00 PM	OPEN GYM 12:00-5:00PM		
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

NEW GYM									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:00 AM	OPEN GYM 5:00- 9:45AM		OPEN GYM 5:00AM- 4:15 PM		OPEN GYM 5:00PM- 7:00 AM	OPEN GYM 7:00AM- 5:00 PM			
6:00 AM									
7:00 AM									
8:00 AM									
9:00 AM									
10:00 AM									
11:00 AM	IBS 945-1045		OPEN GYM 5:00AM- 9:00 PM					OPEN GYM 5:00AM- 9:00 PM	OPEN GYM 5:00AM- 9:00 PM
12:00 PM									
1:00 PM	OPEN GYM 11:00AM- 4:15PM	HTTP 4:15PM-5:45PM	HTTP 4:15PM-5:45PM	OPEN GYM 7:00- 9:00 PM	OPEN GYM 12:00- 5:00 PM				
2:00 PM									
3:00 PM									
4:00 PM	HTTP 4:15PM-5:45PM	ITTY BITTY	ITTY BITTY	OPEN GYM 7:00- 9:00 PM					
5:00 PM									
6:00 PM	ITTY BITTY	OPEN GYM 7:00- 9:00 PM	OPEN GYM 7:00- 9:00 PM						
7:00 PM									
8:00 PM	OPEN GYM 7:00- 9:00 PM								
9:00 PM									
10:00 PM									

IMPORTANT NOTES

BASKETBALL CAMP IN GYM 2, 7/5-8 11:30-3:30

MONDAY ITTY BITTY TO END 7/6

*** MONDAY/WEDNESDAY ITTY BITTY(PM) 7/5-7/21***