



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

JANUARY

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 PM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 9:00 PM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 7:00 AM-5:00 PM	
6:00 AM							
7:00 AM	PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		
8:00 AM							
9:00 AM	OPEN GYM 11:00 AM - 4:00 PM		OPEN GYM 11:00 AM - 9:00 PM		OPEN GYM 11:00 AM - 7:00 PM		
10:00 AM							
11:00 AM	BBALL PRACTICE 4:00PM-6:00PM		OPEN GYM 12:00-5:00PM				
12:00 PM							
1:00 PM	OPEN GYM 6:00 PM-9:00PM						
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

NEW GYM								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM	OPEN GYM 5:00- 10:00 AM	OPEN GYM 5:00- 10:00 AM	OPEN GYM 5:00- 10:00 AM	OPEN GYM 5:00- 10:00 AM	OPEN GYM 5:00- 10:00 AM	YOUTH BBALL		
6:00 AM								
7:00 AM	HYBRID	HYBRID	HYBRID	HYBRID	HYBRID			
8:00 AM								
9:00 AM	OPEN GYM 11:00- 2:00 PM	OPEN GYM 11:00- 2:00 PM	OPEN GYM 11:00- 2:00 PM	OPEN GYM 11:00- 2:00 PM	OPEN GYM 11:00- 2:00 PM			
10:00 AM								
11:00 AM	HYBRID	HYBRID	HYBRID	HYBRID	HYBRID			
12:00 PM								
1:00 PM	ADULT VOLLEYBALL	BBALL PRACTICE 5:00PM-7:00PM	BBALL PRACTICE 5:00PM-7:00PM	BBALL PRACTICE 5:00PM-7:00PM	BBALL PRACTICE 5:00PM-7:00PM			OPEN GYM 12:00-5:00
2:00 PM								
3:00 PM	OPEN GYM 7:00- 9:00 PM	OPEN GYM 7:00- 9:00 PM	OPEN GYM 7:00- 9:00 PM	OPEN GYM 7:00- 9:00 PM	OPEN GYM 7:00- 9:00 PM			
4:00 PM								
5:00 PM								
6:00 PM								
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM								

IMPORTANT NOTES

SUNDAY BB GAMES END AFTER 1/10

MM PRACTICES BEGIN 1/18

ADULT VB TO END AFTER GAMES ON 1/25&26