



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

SEPTEMBER

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 8:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 7:00 AM - 5:00 PM	
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM	PICKLEBALL 9:00 AM - 11:00 AM		PICKLEBALL 9:00 AM - 11:00 AM		PICKLEBALL 9:00 AM - 11:00 AM		
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM	OPEN GYM 11:00 AM - 5:30 PM		OPEN GYM 11:00 AM - 8:00 PM		OPEN GYM 11:00 AM - 7:00 PM		
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	IBS						
7:00 PM	OPEN GYM						
8:00 PM							
9:00 PM							
10:00 PM							

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	VOLLEYBALL PRACTICE 4:30PM-6:00PM			VOLLEYBALL PRACTICE 4:30-8:00	FRIDAY NIGHT @ THE Y 5:00PM-6:30PM	GYM CLOSED	
6:00 PM							
7:00 PM	GYM CLOSED						
8:00 PM							
9:00 PM							
10:00 PM							

IMPORTANT NOTES

ITTY BITTY SPORTS(IBS) TO START 9/12