



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GYM SCHEDULE

AUGUST

BURLINGTON AREA YMCA

OLD GYM										
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 8:00 AM		<b>OPEN GYM</b> 5:00 AM - 8:00 AM		<b>OPEN GYM</b> 5:00 AM - 8:00 AM					
6:00 AM										
7:00 AM	<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		<b>PICKLEBALL</b> 8:00 AM - 11:00 AM					
8:00 AM										
9:00 AM	<b>OPEN GYM</b> 11:00 AM - 9:00 PM		<b>OPEN GYM</b> 5:00 AM - 9:00PM		<b>OPEN GYM</b> 11:00 AM - 9:00 PM			<b>OPEN GYM</b> 5:00 AM - 9:00 PM	<b>OPEN GYM</b> 7:00AM-5:00PM	<b>OPEN GYM</b> 12:00-5:00PM
10:00 AM										
11:00 AM										
12:00 PM										
1:00 PM	<b>OPEN GYM</b> 11:00 AM - 9:00 PM	<b>OPEN GYM</b> 11:00 AM - 9:00 PM	<b>OPEN GYM</b> 11:00 AM - 9:00 PM	<b>OPEN GYM</b> 11:00 AM - 9:00 PM	<b>OPEN GYM</b> 11:00 AM - 7:00 PM					
2:00 PM										
3:00 PM										
4:00 PM										
5:00 PM										
6:00 PM										
7:00 PM										
8:00 PM										
9:00 PM										
10:00 PM										

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 9:00 PM	<b>OPEN GYM</b> 5:00 AM - 9:00 PM	<b>OPEN GYM</b> 5:00 AM - 9:00 PM	<b>OPEN GYM</b> 5:00 AM - 9:00 PM	<b>OPEN GYM</b> 5:00 AM - 7:00PM	<b>OPEN GYM</b> 7:00-5:00PM	
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM						<b>OPEN GYM</b> 12:00-5:00PM	
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

**\*IMPORTANT NOTES\***

