

GYM SCHEDULE

JANUARY 8 - JANUARY 31

BURLINGTON AREA YMCA

OLD GYM								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM		OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 7:00 AM - 8:45 AM	OPEN GYM 12:00- 6:00	
6:00 AM	OPEN GYM 5:00 AM - 9:00 AM		OPEN GYM 5:00 AM - 9:00 AM		OPEN GYM 5:00 AM - 9:00 AM			
7:00 AM								
8:00 AM								
9:00 AM	PICKLEBALL 9:00 AM - 11:00 AM				PICKLEBALL 9:00 AM - 11:00 AM	PICKLEBALL 9:00 AM - 11:00 AM		Mighty Mite Basketball 9AM-3PM
10:00 AM								
11:00 AM	OPEN GYM 11:00 AM - 1:00 PM				OPEN GYM 11:00 AM - 1:00 PM	OPEN GYM 11:00 AM - 1:00 PM		
12:00 PM								
1:00 PM	BADMINTON 1:00 PM - 2:30 PM				BADMINTON 1:00 PM - 2:30 PM	BADMINTON 1:00 PM - 2:30 PM		
2:00 PM								
3:00 PM	OPEN GYM 2:30 PM - 6:30 PM		OPEN GYM 2:30 PM - 4:00 PM	OPEN GYM 2:30PM - 5:45PM	OPEN GYM 3:00PM 6:00PM			
4:00 PM		Mighty Mite Pract.	Mighty Mite Bball Pract.	Mighty Mite Bball Pract.				
5:00 PM	Mighty Mite Pract.	1/2 Gym MM Prac.			Friday Night Youth Night 6:00 PM - 8:30 PM			
6:00 PM	OPEN GYM 7:30 PM - 10:00 PM	OPEN GYM 7:00 PM - 10:00 PM	OPEN GYM 7:30 PM - 10:00 PM	OPEN GYM 7:30 PM - 10:00 PM	OPEN GYM 8:30 PM - 10:00 PM			
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM								

NEW GYM											
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
5:00 AM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 9:45 PM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 5:45 PM	Youth Winter Soccer League	Adult Indoor Soccer League				
6:00 AM											
7:00 AM											
8:00 AM											
9:00 AM											
10:00 AM						Itty Bitty Sports					
11:00 AM											
12:00 PM											
1:00 PM						OPEN GYM 11:00 AM - 5:00 PM					
2:00 PM											
3:00 PM											
4:00 PM											
5:00 PM		Youth Winter Soccer League Training 5:00 PM - 8:00 PM	Youth Winter Soccer League Training 5:00 PM - 8:00 PM	Youth Winter Soccer League Training 5:00 PM - 8:00 PM	Friday Night Youth Night 6:00 PM - 8:30 PM	Open Gym					
6:00 PM											
7:00 PM											
8:00 PM		SOCCER OPEN GYM 8:00 PM - 10:00 PM	OPEN GYM 8:00 PM - 10:00 PM	SOCCER OPEN GYM 8:00 PM - 10:00 PM	OPEN GYM 8:30 PM - 10:00 PM						
9:00 PM											
10:00 PM											

IMPORTANT NOTES

Itty Bitty Sports Program: Tuesdays: Jan. 16 - Feb. 2, 10AM-10:45

Soccer Open Gym: Free for members and Adult League team members, day pass for non-members

Youth Winter Soccer Training will start week of January 15th, games start January 20th

Adult Soccer League begins January 14

Mighty Mite Basketball games begin Jan. 20