



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE FEBRUARY

BURLINGTON AREA YMCA

OLD GYM										
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
5:00 AM										
6:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 7:00 AM - 8:45 AM				
7:00 AM										
8:00 AM										
9:00 AM	PICKLEBALL 9:00 AM - 11:00 AM		OPEN GYM 5:00 AM - 5:00 PM		PICKLEBALL 9:00 AM - 11:00 AM	OPEN GYM 5:00 AM - 5:00 PM		PICKLEBALL 9:00 AM - 11:00 AM	Mighty Mite Basketball 9AM-3PM	
10:00 AM										
11:00 AM	OPEN GYM 11:00 AM - 1:00 PM		OPEN GYM 11:00 AM - 1:00 PM		OPEN GYM 11:00 AM - 1:00 PM	OPEN GYM 11:00 AM - 1:00 PM		OPEN GYM 11:00 AM - 1:00 PM		
12:00 PM										
1:00 PM	BADMINTON 1:00 PM - 2:30 PM		BADMINTON 1:00 PM - 2:30 PM		BADMINTON 1:00 PM - 2:30 PM	BADMINTON 1:00 PM - 2:30 PM		BADMINTON 1:00 PM - 2:30 PM	OPEN GYM 12:00- 6:00	
2:00 PM										
3:00 PM	OPEN GYM 2:30 PM - 5:00 PM		OPEN GYM 2:30 PM - 5:00 PM		OPEN GYM 2:30 PM - 5:00 PM	OPEN GYM 2:30PM - 5:45PM		OPEN GYM 3:00PM 6:00PM		
4:00 PM										
5:00 PM	Mighty Mite Pract.	Mighty Mite Bball Pract.	Mighty Mite Bball Pract.	Mighty Mite Pract.	1/2 Gym MM Prac.					
6:00 PM	OPEN GYM 6:00 PM - 10:00 PM			OPEN GYM 7:00 PM - 10:00 PM	OPEN GYM 7:00 PM - 10:00 PM	OPEN GYM 6:00 PM - 10:00 PM	Friday Night Youth Night 6:00 PM - 8:30 PM			
7:00 PM										
8:00 PM										
9:00 PM										
10:00 PM					OPEN GYM					

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM		Gym Rental 5:30 AM-7:30 AM		Gym Rental 5:30 AM-7:30 AM		Youth Winter Soccer League 9:00AM - 5:00 PM	Adult Indoor Soccer League
6:00 AM	OPEN GYM 5:00 AM - 2:00 PM		OPEN GYM 7:30 AM - 2:00 PM		OPEN GYM 5:00 AM - 2:00 PM		
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Gym Rental 2:00 PM - 4:00 PM	Gym Rental 2:00 PM - 4:00 PM	Gym Rental 2:00 PM - 4:00 PM	Gym Rental 2:00 PM - 4:00 PM	Gym Rental 2:00 PM - 4:00 PM		
1:00 PM							
2:00 PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym 4:00 PM - 5:55 PM		
3:00 PM							
4:00 PM	Youth Winter Soccer League Training 5:00 PM - 8:00 PM	Youth Winter Soccer League Training 5:00 PM - 8:00 PM	Youth Winter Soccer League Training 5:00 PM - 9:30 PM	Open Gym 4:00 PM- 8:00 PM	Friday Night Youth Night 6:00 PM - 8:30 PM		
5:00 PM							
6:00 PM	OPEN GYM	SOCCER OPEN GYM 8:00 PM - 10:00 PM	SOCCER OPEN GYM 8:00 PM - 10:00 PM	SOCCER OPEN GYM 8:00 PM - 10:00 PM	OPEN GYM		
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

IMPORTANT NOTES

Soccer Open Gym: Free for members and Adult League team members, day pass for non-members