



YMCA Fall Pool Schedule February-April

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-7:15am Full Pool Lap Swim	5:15-8:30am Full Pool Lap Swim	5:15-7:15am Full Pool Lap Swim	5:15-8:30am Full Pool Lap Swim	5:15-7:15am Full Pool Lap Swim	7:30-8:30am Full Pool Lap Swim	12:00-5:30pm Lap Swim: 1-2 Lanes
7:15-11:30am Lap Swim: 1-2 Lanes	8:30-11:30am Lap Swim: 1-2 Lanes	7:15-11:30am Lap Swim: 1-2 Lanes	8:30-11:30am Lap Swim: 1-2 Lanes	7:15-11:30am Lap Swim: 1-2 Lanes	8:30am-5:30pm Lap Swim: 1-2 Lanes	12:00-5:30pm Family /Open Swim
7:15-9:00am DIY Fitness 2 Lanes Only	9:00 – 10:00 am Water Aerobics Marge Classen	7:15-9:00am DIY Fitness 2 Lanes Only	9:00 – 10:00 am Water Aerobics Irene Babcock	7:15-9:00am DIY Fitness 2 Lanes Only	9:00-11:45am Swim Lessons	
9:00 – 10:00 am Water Aerobics Marge Classen	10:00-10:30am Swim Lessons	9:00 – 10:00 am Water Aerobics Irene Babcock	10:45am-12:15pm Family /Open Swim	9:00 – 10:00 am Water Aerobics Rotation	11:45am-5:30pm Family /Open Swim	
10:00-11:45am Family /Open Swim	10:30am-12:15pm Family /Open Swim	10:00-11:30am Family /Open Swim	12:15am-1:00pm Full Pool Lap Swim	10:00-11:30am Family /Open Swim		
11:45am-1:00pm Full Pool Lap Swim	12:15pm-1:00pm Full Pool Lap Swim	11:30am-1:00pm Full Pool Lap Swim	1:00-5:30pm Family /Open Swim	11:30am-1:00pm Full Pool Lap Swim		
1:00-4:00pm Family /Open Swim	1:00-4:00pm Family /Open Swim	1:00-4:00pm Family /Open Swim	5:30-6:45pm Swim Lessons	1:00-9:00pm Family /Open Swim		
4:00-6:45pm Swim Lessons	1:00-9:00pm Lap Swim: 1-2 Lanes	4:00-9:00pm Lap Swim: 1-2 Lanes	5:30-6:30 pm Aqua Bootcamp Kim Wallerich	1:00-9:00pm Lap Swim: 1-2 Lanes		
6:45-9:00pm Family /Open Swim	4:00-6:45 pm Swim Lessons	4:00-6:45pm Swim Lessons	4-9:00pm Lap Swim: 1-2 Lanes	6:00-8:15pm FNYN Last FNYN March 6 th		
1:00-9:00pm Lap Swim: 1-2 Lanes	5:30 – 6:30 pm Aqua Bootcamp Kim Wallerich	6:30-8:30 Special Olympic Swim	6:45-9:00pm Family /Open Swim			
	6:45-9:00pm Family /Open Swim	6:45-9:00pm Family /Open Swim			*Periodically Birthday Parties are held 1-3pm	

