



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

FEBRUARY

BURLINGTON AREA YMCA

OLD GYM								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 PM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 7:00 AM-5:00 PM		
6:00 AM								
7:00 AM	PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		OPEN GYM 5:00 AM - 4:00 PM			PICKLEBALL 8:00 AM - 11:00 AM
8:00 AM								
9:00 AM								
10:00 AM	OPEN GYM 11:00 AM - 6:00 PM		OPEN GYM 11:00 AM - 4:00 PM		OPEN GYM 5:00 AM - 4:00 PM			OPEN GYM 11:00 AM - 7:00 PM
11:00 AM								
12:00 PM								
1:00 PM								
2:00 PM					IBS 4:15-5:30			IBS 4:15-5:30
3:00 PM								
4:00 PM								
5:00 PM	IBS							
6:00 PM	OPEN GYM		OPEN GYM 5:30 PM - 9:00 PM	OPEN GYM 5:30 PM - 9:00 PM				
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM								

NEW GYM									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:00 AM	OPEN GYM 5:00- 10:00 AM	OPEN GYM 5:00- 10:00 AM	OPEN GYM 5:00- 10:00 AM	OPEN GYM 5:00- 10:00 AM	OPEN GYM 5:00- 10:00 AM	YOUTH BBALL			
6:00 AM									
7:00 AM	HYBRID	HYBRID	HYBRID	HYBRID	HYBRID				
8:00 AM									
9:00 AM	OPEN GYM 11:00- 2:00 PM	OPEN GYM 11:00- 2:00 PM	OPEN GYM 11:00- 2:00 PM	OPEN GYM 11:00- 2:00 PM	OPEN GYM 11:00- 2:00 PM				
10:00 AM									
11:00 AM									
12:00 PM									
1:00 PM	HYBRID	HYBRID	HYBRID	HYBRID	HYBRID			OPEN GYM 2:00- 5:00 PM	OPEN GYM 12:00-5:00
2:00 PM									
3:00 PM	OPEN GYM	OPEN GYM 2:00- 4:00 PM	OPEN GYM 2:00- 4:00 PM	OPEN GYM 2:00- 4:00 PM	OPEN GYM 2:00- 4:00 PM				
4:00 PM	BBALL PRACTICE 4:00PM-6:00PM	BBALL PRACTICE 5:00PM-7:00PM	BBALL PRACTICE	BBALL PRACTICE 5:00PM-7:00PM	BBALL PRACTICE 5:00PM-7:00PM				
5:00 PM									
6:00 PM	OPEN GYM 5:00- 9:00 PM	OPEN GYM 7:00- 9:00 PM	OPEN GYM 7:00- 9:00 PM	OPEN GYM 7:00- 9:00 PM					
7:00 PM									
8:00 PM									
9:00 PM									
10:00 PM									

IMPORTANT NOTES

WED/THURS ITTY BITTY ENDS 2/12

MONDAY ITTY BITTY BEGINS 2/15