



YMCA Fall Pool Schedule September - October 2019

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-7:15am Full Pool Lap Swim	5:15-8:30am Full Pool Lap Swim	5:15-7:15am Full Pool Lap Swim	5:15-8:30am Full Pool Lap Swim	5:15-7:15am Full Pool Lap Swim	7:30-8:30am Full Pool Lap Swim	12:00-5:30pm Lap Swim: 1-2 Lanes
7:15-11:30am Lap Swim: 1-2 Lanes	8:30-11:30am Lap Swim: 1-2 Lanes	7:15-11:30am Lap Swim: 1-2 Lanes	8:30-11:30am Lap Swim: 1-2 Lanes	7:15-11:30am Lap Swim: 1-2 Lanes	8:30-5:30pm Lap Swim: 1-2 Lanes	12:00-5:30pm Family /Open Swim
7:15-9:00am DIY Fitness 2 Lanes Only	9:00 - 10:00 am Water Aerobics Marge Classen	7:15-9:00am DIY Fitness 2 Lanes Only	9:00 - 10:00 am Water Aerobics Karen Cahill	7:15-9:00am DIY Fitness 2 Lanes Only	12:00-5:30pm Family /Open Swim	
9:00 - 10:00 am Water Aerobics Marge Classen	10:00-10:30am Swim Lessons	9:00 - 10:00 am Water Aerobics Kristen Brookhiser	10:45am-12:15pm Family /Open Swim	9:00 - 10:00 am Water Aerobics Karen Cahill		
10:00-11:45am Family /Open Swim	10:30am-12:15pm Family /Open Swim	10:00-11:30am Family /Open Swim	11:30am-1:00pm Full Pool Lap Swim	10:00-11:45am Family /Open Swim		
11:30am-1:00pm Full Pool Lap Swim	11:30am-1:00pm Full Pool Lap Swim	11:30am-1:00pm Full Pool Lap Swim	1:00-4:00pm Family /Open Swim	11:30am-1:00pm Full Pool Lap Swim		
1:00-4:00pm Family /Open Swim	1:00-4:00pm Family /Open Swim	1:00-9:30pm Lap Swim: 1-2 Lanes	4:00-6:00pm Swim Lessons	1:00-4:00pm Family /Open Swim		
4:00-6:00pm Swim Lessons	1:00-9:30pm Lap Swim: 1-2 Lanes	6:00-6:45pm Swim Lessons	5:30-6:30 pm Aqua Bootcamp Kim Wallerich	1:00-9:30pm Lap Swim: 1-2 Lanes		
6:00-6:45pm Pre-Swim	4:00-6:00pm Swim Lessons	6:00-6:45pm Pre-Swim	1:00-9:30pm Lap Swim: 1-2 Lanes	5:30-9:30pm Family /Open Swim		
7:30-9:30pm Family /Open Swim	5:30 - 6:30 pm Aqua Bootcamp Kim Wallerich	6:45-9:30pm Family /Open Swim	6:30-9:30pm Family /Open Swim			
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