



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GYM SCHEDULE

December 2018  
BURLINGTON AREA YMCA

OLD GYM (1)							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 9:00 AM	<b>OPEN GYM</b> 5:00 AM - 10:00 PM	<b>OPEN GYM</b> 5:00 AM - 9:00 AM	<b>OPEN GYM</b> 5:00 AM - 10:00 PM	<b>OPEN GYM</b> 5:00 AM - 9:00 AM	<b>OPEN GYM</b> 7:30 AM - 5:00 PM	
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM	<b>PICKLEBALL</b> 9:00 AM - 11:00 AM		<b>PICKLEBALL</b> 9:00 AM - 11:00 AM		<b>PICKLEBALL</b> 9:00 AM - 11:00 AM		
10:00 AM							
11:00 AM	<b>OPEN GYM</b> 11:00 AM - 1:00 PM		<b>OPEN GYM</b> 11:00 AM - 1:00 PM		<b>OPEN GYM</b> 11:00 AM - 1:00 PM		
12:00 PM							
1:00 PM	<b>BADMINTON</b> 1:00 PM - 2:30 PM		<b>BADMINTON</b> 1:00 PM - 2:30 PM		<b>BADMINTON</b> 1:00 PM - 2:30 PM		
2:00 PM							
3:00 PM	<b>OPEN GYM</b>		<b>OPEN GYM</b> 2:30 PM - 10:00 PM	<b>OPEN GYM</b> 2:30 PM - 5:00 PM		<b>OPEN GYM</b> 1:00 PM - 4:00 PM	
4:00 PM	<b>Youth B-ball Practice</b> 4:00-8:00PM			<b>Youth B-ball</b>		<b>Indoor Soccer League</b>	
5:00 PM				<b>Friday Night Youth Night</b> 6:00 PM - 8:30 PM			
6:00 PM							
7:00 PM							
8:00 PM	<b>OPEN GYM</b> 8 PM - 10 PM						
9:00 PM							
10:00 PM							

NEW GYM (2)							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 5:40 PM	<b>OPEN GYM</b> 5:00 AM - 5:00 PM	<b>OPEN GYM</b> 5:00 AM - 4:00 PM	<b>OPEN GYM</b> 5:00 AM - 5:00 PM	<b>OPEN GYM</b> 5:00 AM - 5:00 PM	<b>OPEN GYM</b> 7:30 AM - 8:30 AM	
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							<b>Indoor Soccer League</b> starting Nov. 11
4:00 PM							
5:00 PM		<b>Youth B-Ball Practice</b> 5:00PM - 8:00PM	<b>Youth B-Ball Practice</b> 4:00PM - 8:00PM	<b>Youth B-Ball Practice</b> 5:00PM - 8:00PM	<b>Youth B-ball</b>	<b>Open Gym</b>	<b>Youth B-ball</b>
6:00 PM	<b>Adult Volleyball League</b> 6:00 PM - 8:00 PM				<b>Friday Night Youth Night</b> 6:00 PM - 8:30 PM		
7:00 PM							
8:00 PM	<b>OPEN GYM</b> 8:00 PM - 10:00 PM	<b>SOCCER OPEN GYM</b> 8:15 pm - 9:45 pm	<b>OPEN GYM</b> 8:00 PM - 10:00 PM	<b>SOCCER OPEN GYM</b> 8:15 pm - 9:45 pm			
9:00 PM					<b>OPEN GYM</b>		
10:00 PM							

**\*IMPORTANT NOTES\***

\*Soccer Open Gym Free for members, day pass for non-members  
Kindergarten Basketball GYM 2 : December 18-20 and 26-28 4:30-6:45PM  
3-6 Gr. Basketball Ends December 15