



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GYM SCHEDULE

## DECEMBER

BURLINGTON AREA YMCA

OLD GYM									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 8:00 AM	<b>OPEN GYM</b> 5:00 AM - 6:00 PM	<b>OPEN GYM</b> 5:00 AM - 8:00 AM	<b>OPEN GYM</b> 5:00 AM - 9:00 PM	<b>OPEN GYM</b> 5:00 AM - 8:00 AM	<b>OPEN GYM</b> 7:00 AM-5:00 PM			
6:00 AM									
7:00 AM	<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		<b>PICKLEBALL</b> 8:00 AM - 11:00 AM				
8:00 AM									
9:00 AM									
10:00 AM									
11:00 AM									
12:00 PM	<b>OPEN GYM</b> 11:00 AM - 5:00 PM								<b>YOUTH BBALL</b> 12:00- 5:30 PM
1:00 PM									
2:00 PM									
3:00 PM			<b>OPEN GYM</b> 11:00 AM - 9:00 PM						
4:00 PM									
5:00 PM	<b>BBALL PRACTICE</b> 5:00PM-7:00PM	<b>BBALL PRAC 1/2</b>			<b>BBALL PRAC 1/2</b>				
6:00 PM									
7:00 PM	<b>OPEN GYM</b> 7:00 PM-9:00PM	<b>OPEN GYM</b> 7:00 PM-9:00PM			<b>OPEN GYM</b> 7:00 PM-9:00PM				
8:00 PM									
9:00 PM									
10:00 PM									

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	<b>GYM CLOSED</b>	<b>GYM CLOSED</b>	<b>GYM CLOSED</b>	<b>GYM CLOSED</b>	<b>GYM CLOSED</b>	<b>YOUTH BBALL</b>	<b>YOUTH BBALL</b> 12:00- 5:30 PM
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM	<b>ADULT VOLLEYBALL</b>				<b>GYM CLOSED</b>		
4:00 PM							
5:00 PM		<b>BBALL PRACTICE</b> 5:00PM-8:00PM	<b>BBALL PRACTICE</b> 5:00PM-8:00PM	<b>BBALL PRACTICE</b> 5:00PM-8:00PM			
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

**\*IMPORTANT NOTES\***