



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

March 16, 2020

Dear YMCA Members,

At the Y, the health and safety of the communities we serve has always been our top priority. In light of the most recent recommendations from the Iowa Department of Public Health and other health officials designed to mitigate the spread of the novel coronavirus, the Burlington Area YMCA is implementing the following measures, **effective immediately as of today, March 16, 2020:**

PROGRAMS

- **All group fitness classes and programs are suspended** until further notice. This includes, but is not limited to, land and water exercise classes, small group training, personal training and Active Older Adult (AOA) classes and programming, LiveSTRONG program and support group.
- **Youth and Adult programming at the Burlington Area YMCA is suspended** until further notice. This includes all youth and adult sports, swimming lessons (both group and private/semi-private) and all programs at the Burlington Area YMCA Gymnastics and Cheer Center including teams, lessons, gymnastics camp, private/semi-private gymnastics lessons, open gym and Tumble. Flip. Play.

MEMBERSHIP & FACILITY USAGE

- Youth members under age 14 must be **accompanied by a parent or guardian** age 18 or older while using Y facilities.
- We are **not able to issue or honor guest passes** or until further notice.
- Facility **Day Passes will not be available** for purchase until further notice.
- Nationwide Membership privileges are temporarily suspended until further notice.
- New memberships will not be available for purchase until further notice.
- Facility rentals will not be available until further notice.

CHILDCARE PROGRAMS

Childwatch services will not be available until further notice.

We **will continue to provide Licensed Childcare** to our *existing* childcare participants, with the following guidelines being implemented:

1. All children and parents will be screened prior to being allowed entry into the childcare facility:
 - Upon check in each day, we will be taking temperatures of children and parents.
 - Children/Parents found with a temperature of 100 degrees or greater will result in the child(ren) not be allowed into the program.
2. All children will be required to wash their hands immediately upon entry into the childcare program.
3. We will be increasing the frequency of handwashing throughout the day.
4. We will be increasing activities that allow for social distancing as much as possible.

HOW WE CAN WORK TOGETHER

- The Burlington Area YMCA will be implementing restrictions designed to help members **maintain Centers for Disease Control social distancing guidelines** when using the facility (e.g. limiting the number of machines in use at any one time).
- The Y supports the recommendation of the Iowa Department of Public Health that individuals **60 years of age and older with underlying health conditions should stay at home** and avoid situations of potential exposure.
- Through signage and staff reminders, we are encouraging members to help **prevent the spread of illness by taking the following steps:**
 - Members and staff **should not come to the Y if they are sick.**
 - **Thoroughly clean all machines and equipment** before and after each use, using the sanitary wipes provided.
 - Practice **hand hygiene and respiratory etiquette** measures:
 - Wash hands frequently with soap and water for a minimum of 20 seconds and use the hand sanitizer provided before and after working out.
 - Cough or sneeze into a tissue and discard the tissue after use
 - Avoid personal contact such as handshakes or high-fives

OUR COMMITMENT TO YOU

We sincerely apologize for any inconvenience this may cause and thank our members for their patience and understanding. We believe this is the socially responsible thing to do during this national health emergency. We will diligently follow the leadership of the CDC, local health

departments and government officials to implement the most effective strategies and operational standards to ensure the safety of our members, participants, staff, guests and volunteers.

The leadership team at your Y is monitoring all local, state and national developments around the clock. We will provide you with regular updates and are prepared to take additional steps as needed to safeguard the health and well-being of our members, staff and communities.

As partners in protecting the health and safety of our community, we are taking all necessary precautions to help prevent the spread of coronavirus and keep our Y family safe and healthy. We want to communicate what we are doing to keep you, our members, and community healthy and safe. As always, your health and safety remain our top priority.

We have put into place the following preventative measures:

- Enhanced cleaning measures including additional electrostatic disinfection both during and after our normal business hours.
- We have sanitation wipes, tissues and additional hand sanitizers readily available for all members, and encourage everyone to wipe down all equipment prior to and after use.
- Common areas are frequently cleaned including door handles, fitness equipment, tabletops, phones and other high-touch items within our facility.
- Drinking fountains are temporarily unavailable.
- In addition, we have educational flyers placed throughout the facility that contain tips from the CDC and the Y on how to prevent the spread of coronavirus.

WE APPRECIATE YOUR PATIENCE

We are in unprecedented times, calling for an unprecedented response on the part of all individuals and organizations in the community. Please stick with us as we work through this challenge, so we can be here for you better and stronger than ever once the crisis has passed.

If you have any questions or need additional information, please refer to our website: www.burlingtony.org or follow us on Facebook: www.facebook.com/burlingtony/