



FOR YOUTH DEVELOPMENT*
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

August 2018

BURLINGTON AREA YMCA

OLD GYM									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:00 AM									
6:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 7:00 AM - 6:00 PM	OPEN GYM 12:00 - 6:00		
7:00 AM									
8:00 AM									
9:00 AM	PICKLEBALL 9:00 AM - 11:00 AM	PICKLEBALL 9:00 AM - 11:00 AM	PICKLEBALL 9:00 AM - 11:00 AM	PICKLEBALL 9:00 AM - 11:00 AM	PICKLEBALL 9:00 AM - 11:00 AM				
10:00 AM									
11:00 AM	OPEN GYM 11:00 AM - 1:00 PM	OPEN GYM 11:00 AM - 10:00 PM	OPEN GYM 11:00 AM - 1:00 PM	OPEN GYM 11:00 AM - 10:00 PM	OPEN GYM 11:00 AM - 1:00 PM				
12:00 PM									
1:00 PM	BADMINTON 1:00 PM - 2:30 PM		BADMINTON 1:00 PM - 2:30 PM		BADMINTON 1:00 PM - 2:30 PM			BADMINTON 1:00 PM - 2:30 PM	
2:00 PM									
3:00 PM	OPEN GYM 2:30 PM - 10:00 PM		OPEN GYM 2:30 PM - 10:00 PM		OPEN GYM 2:30 PM - 10:00 PM			OPEN GYM 2:30 PM - 9:00 PM	
4:00 PM									
5:00 PM									
6:00 PM									
7:00 PM									
8:00 PM									
9:00 PM									
10:00 PM									

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
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7:00 AM						OPEN GYM 7:00AM - 6:00 PM	OPEN GYM 12:00- 6:00
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 9:00 PM		
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

IMPORTANT NOTES

In the event of bad weather Itty Bitty will be held in gym 2 during designated time

Itty Bitty Sports Camp ends Saturday August 18th

Fall Volleyball Starts August 28th Time TBD

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jul 2018	30	31	1 Aug open reg for Adult VB	2	3	4 IBS IV
5 Fall Reg. Ends. SCC Dance room 12-2 PM	6	7	8	9 SCC Dance room 5:15-6:30 PM	10	11 IBS III
12 Late Fall Reg. ends.	13	14	15	16 kids Gym	17	18 IBS II
19	20 Fall soccer Coaches mtg	21 Flag FB Coaches mtg SCC Dance room 6-8 PM	22	23	24	25
26 SCC Dance room 12-2 PM Fall sp. Proc. start →	27	28	29	30	31	1 Sep

~~are we refurbishing gym floor?~~