



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

Effective August, 2020

BURLINGTON AREA YMCA

OLD GYM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP		OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP		OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP		
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM	PICKLEBALL		PICKLEBALL		PICKLEBALL	OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP	YMCA NOT OPEN
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM	OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP	OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP	OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP		OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP		
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM	OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP		OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP		OPEN GYM: 2 PEOPLE PER HOOP OR 1 FAMILY UNIT PER HOOP		
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							

Gym 1 may used for YMCA programming pending weather conditions

NEW GYM

CLOSED