



BURLINGTON AREA YMCA Pool schedule

April 1– June 1, 2017

FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

	OPEN SWIM	CLASSES/ LESSONS	DIY WATER FITNESS 2 LANES ONLY	FAMILY SWIM	SPECIAL YMCA PRO- GRAMS	LAP SWIM— FULL POOL	LAP SWIM—1 OR 2 LANES ONLY
MONDAY	1-4 P.M.	9 –10 A.M. 4-7:30 P.M.	7:15-9 A.M.	10-11:30 A.M. 7:30-9:30 P.M.		5:15-7:15 A.M. 11:30-1 P.M.	7:15-11:30 A.M. 1:00 - 9:30 P.M.
TUESDAY	6:45-9:30	9 –10:30 A.M. 4-6:45 P.M.		1-4 P.M.	6:30-8:30 (Technique Clinic)	5:15-8:30 A.M. 11:30-1 P.M.	8:30-11:30 A.M. 1:00 - 9:30 P.M.
WEDNESDAY	1-4 P.M.	9 –10 A.M. 4-6:45 P.M.	7:15-9 A.M.	10-11:30 A.M. 6:45-9:30 P.M.	5-7:30 P.M. Team Beast	5:15-7:15 A.M. 11:30-1 P.M.	7:15-11:30 A.M. 1:00 - 9:30 P.M.
THURSDAY	6:45-9:30	9 –10 A.M. 4-6:45 P.M.		1-4 P.M.	1:30-2:45 P.M. (SAW Program) 5:15-6:00 P.M. (Zumba) 6:30-8:30 (Technique Clinic)	5:15-8:30 A.M. 11:30-1 P.M.	8:30-11:30 A.M. 1:00 - 9:30 P.M.
FRIDAY	1-4 P.M. 5:30-9:30 PM	9-10 A.M.	7:15-9 A.M.	10-11:30 A.M.	4-5:30 P.M. (B&A swim- ming)	5:15-7:15 A.M. 11:30-1 P.M.	7:15-11:30 A.M. 1:00 - 8:30P.M.
SATURDAY	12-4:30 P.M.	9-11:45 A.M.				7:30-8:30A.M.	8:30 A.M.-4:30 P.M.
SUNDAY	12:00-4:30 P.M.						12:00-4:30 P.M.