



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GYM SCHEDULE

OCTOBER 1 -9

BURLINGTON AREA YMCA

## OLD GYM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 8:00 AM		<b>OPEN GYM</b> 5:00 AM - 8:00 AM		<b>OPEN GYM</b> 5:00 AM - 8:00 AM	<b>OPEN GYM</b> 7:00AM-5:00PM	
6:00 AM							
7:00 AM							
8:00 AM	<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	<b>OPEN GYM</b> 11:00 AM - 9:00 PM		<b>OPEN GYM</b> 5:00 AM - 9:00PM		<b>OPEN GYM</b> 5:00 AM -9:00 PM		
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

## NEW GYM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM		<b>GYM CLOSED</b>				<b>VB GAMES</b>		
6:00 AM								
7:00 AM								
8:00 AM	<b>OPEN GYM</b> 5:00 AM - 4:00 PM		<b>OPEN GYM</b> 5:00 AM - 9:00 PM		<b>OPEN GYM</b> 5:00 AM - 4:00 PM			<b>OPEN GYM</b> 5:00 AM - 5:00PM
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM								
1:00 PM								
2:00 PM	<b>OPEN GYM</b> 2:00-5:00PM	<b>OPEN GYM</b> 12:00-5:00PM						
3:00 PM								
4:00 PM	<b>VB PRACTICE</b>	<b>VB PRACTICE</b>		<b>VB PRACTICE</b>	<b>BBALL SKILLS</b>			
5:00 PM								
6:00 PM								
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM								

**\*IMPORTANT NOTES\***

