



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

JANUARY

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 8:00 AM		OPEN GYM 5:00 AM - 8:00 AM		OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 7:00AM-5:00PM	
6:00 AM							
7:00 AM							
8:00 AM	PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		PICKLEBALL 8:00 AM - 11:00 AM		
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 5:00 AM - 9:00 PM	OPEN GYM 11:00 AM - 9:00 PM	OPEN GYM 5:00 AM -9:00 PM	OPEN GYM 11:00 AM - 7:00 PM		OPEN GYM 12:00-5:00PM
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

NEW GYM								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM	OPEN GYM 5:00 AM - 9:00 PM		OPEN GYM 5:00 AM - 4:00 PM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 5:00 PM	MIGHTY MITE BASKETBALL (BEGIN 01/22)		
6:00 AM								
7:00 AM								
8:00 AM								
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM		OPEN GYM 5:00 AM - 9:00 PM	BBALL PRACTICE 5:00-8:00PM	BBALL PRACTICE 6:00-9:00PM	BBALL PRACTICE 5:00-8:00PM	BBALL PRAC OPEN GYM		KBH 12:30-1:30 IBS 2-245P OPEN GYM 3:00-5:00PM
1:00 PM								
2:00 PM								
3:00 PM								
4:00 PM								
5:00 PM								
6:00 PM								
7:00 PM								
8:00 PM								
9:00 PM								
10:00 PM								

IMPORTANT NOTES

MIGHTY MITE PRACTICE BEGINS 1/10
KBB ENDS 01/10 & ITTY BITTY ENDS 1/17