



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GYM SCHEDULE

NOVEMBER

BURLINGTON AREA YMCA

OLD GYM									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 8:00 AM		<b>OPEN GYM</b> 5:00 AM - 8:00 AM		<b>OPEN GYM</b> 5:00 AM - 8:00 AM	<b>OPEN GYM ONLY AVAILABLE 11/20 &amp; 11/27 <u>NOT</u> 11/6 &amp; 11/13</b>			
6:00 AM									
7:00 AM									
8:00 AM									
9:00 AM	<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		<b>PICKLEBALL</b> 8:00 AM - 11:00 AM		<b>PICKLEBALL</b> 8:00 AM - 11:00 AM				
10:00 AM									
11:00 AM									
12:00 PM	<b>OPEN GYM</b> 11:00 AM - 5:00 PM		<b>OPEN GYM</b> 5:00 AM - 9:00 PM		<b>OPEN GYM</b> 5:00 AM - 9:00 PM			<b>OPEN GYM</b> 11:00 AM - 7:00 PM	<b>OPEN GYM</b> 12:00-5:00PM
1:00 PM									
2:00 PM									
3:00 PM									
4:00 PM	<b>BBALL PRACTICE</b> 5:00-8:00PM	<b>OPEN GYM</b> 11:00 AM - 9:00 PM							
5:00 PM									
6:00 PM	<b>OPEN GYM</b>								
7:00 PM									
8:00 PM									
9:00 PM									
10:00 PM									

NEW GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	<b>OPEN GYM</b> 5:00 AM - 5:00 PM	<b>OPEN GYM</b> 5:00 AM - 4:00 PM	<b>OPEN GYM</b> 5:00 AM - 4:00 PM	<b>OPEN GYM</b> 5:00 AM - 4:00 PM	<b>OPEN GYM</b> 5:00 AM - 5:00 PM	<b>BASKETBALL GAMES</b>	
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM	<b>IB SPORTS</b>	<b>BBALL PRACTICE</b> 5:00-8:00PM	<b>BBALL PRACTICE</b>	<b>BBALL PRACTICE</b> 5:00-8:00PM	<b>BBALL PRAC</b> <b>OPEN GYM</b>		
5:00 PM							
6:00 PM	<b>ADULT VBALL</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b> 6:00-9:00PM	<b>OPEN GYM</b>			
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							

**\*IMPORTANT NOTES\***

**NO OPEN GYM AVAILABILITY 11/6 OR 11/13 DUE TO YOUTH BASKETBALL**

