



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

DECEMBER 31 - JANUARY 6

BURLINGTON AREA YMCA

OLD GYM							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	OPEN GYM 5:00 AM - 9:00 AM	CLOSED Happy New Year	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM 5:00 AM - 10:00 PM	OPEN GYM 5:00 AM - 9:00 AM	OPEN GYM	OPEN GYM
6:00 AM							
7:00 AM							
8:00 AM	PICKLEBALL 9:00 AM - 11:00 AM		PICKLEBALL 9:00 AM - 11:00 AM		PICKLEBALL 9:00 AM - 11:00 AM		
9:00 AM							
10:00 AM	OPEN GYM 11:00 AM - 1:00 PM		OPEN GYM 11:00 AM - 1:00 PM		OPEN GYM 11:00 AM - 1:00 PM		
11:00 AM							
12:00 PM							
1:00 PM	CLOSED		BADMINTON 1:00 PM - 2:30 PM		BADMINTON 1:00 PM - 2:30 PM		
2:00 PM							
3:00 PM							
4:00 PM	OPEN GYM 2:30 PM - 10:00 PM		OPEN GYM 2:30 PM - 10:00 PM		OPEN GYM 2:30-5:45		
5:00 PM							
6:00 PM							
7:00 PM	Might Mite Skills and Drills		Friday Night Youth Night 6:00 PM - 8:30 PM				
8:00 PM							
9:00 PM							
9:00 PM	OPEN GYM 8:30 PM - 10:00 PM	OPEN GYM 8:30 PM - 10:00 PM					
10:00 PM							

NEW GYM								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM	OPEN GYM 5:00 AM - 1:00 PM	CLOSED Happy New Year	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 5:00 PM	OPEN GYM 5:00 AM - 5:45 PM	OPEN GYM	OPEN GYM	
6:00 AM								
7:00 AM								
8:00 AM	RESERVED		OPEN GYM					
9:00 AM								
10:00 AM	OPEN GYM		OPEN GYM					
11:00 AM								
12:00 PM								
1:00 PM	CLOSED		Adult Volleyball League		Might Mite Skills and Drills			Friday Night Youth Night 6:00 PM - 8:30 PM
2:00 PM								
3:00 PM								
4:00 PM	OPEN GYM 8:00 PM - 10:00 PM		OPEN GYM 8:00 PM - 10:00 PM		OPEN GYM 8:00 PM - 10:00 PM			
5:00 PM								
6:00 PM								
7:00 PM	OPEN GYM		OPEN GYM					
8:00 PM								
9:00 PM	OPEN GYM	OPEN GYM						
10:00 PM								

IMPORTANT NOTES

Soccer Open Gym: Free for members and Adult League team members, day pass for non-members

Mighty Mite Skills and Drills: January 2 and 3