



BE Y'SE March 2010



Burlington Area Community YMCA-YWCA

WINTER II SESSION
March 1 —April 17

SPRING SESSION
April 26—June 21

ONLINE PROGRAM REGISTRATION AVAILABLE!!
www.burlingtony.org



Summer Quest Safari Club



Our 9 week summer programs for youth grades 1st-7th is gearing up. Registration begins March 22 at 7:30am. Registration is on a first come first serve basis. For more information, contact Becky at 319-753-6734, ext. 139 or becky@burlingtony.org.

Kid's Gym



This program is for elementary students when school is not in session due to holidays or in-service days. The kids will enjoy a variety of fun-filled activities including swimming, crafts, playing in the YMCA-YWCA youth arcade and much more! Please remember to include a sack lunch for your child.

Date: March 29-30 and April 1-2

Time: 7:00am - 5:30pm

For more information and pricing, please see the front desk or call: **753-6734, Ext. 139**

Member Spotlight J. Bryan Schulte

Bryan has been a member of the Y since 1968. When he first became a member, the Y was located downtown and only 1 block away from his office, which made it enticing to join.

Bryan is the proud father of 3 sons, and now has the pleasure of having 4 grandchildren. He has lived in Burlington since 1967 and enjoys doing Historic Restoration in his spare time.

Currently Bryan comes to the Y 5 days a week and enjoys being able to go through his own individual workout plan. Over the years he has gotten to know many friends at the Y and enjoys the opportunity to socialize.



Camp McBride Candy Sale

Looking for a way to send your child to camp? The Camp McBride Candy Sale starts March 23. Stop by the Y or call Gina at 753-6734, ext. 115 for more details.

Camp McBride



Registration for Camp McBride begins on March 23rd! For more information contact Gina Crabtree at 319-753-6734, ext. 115 or gina@burlingtony.org.

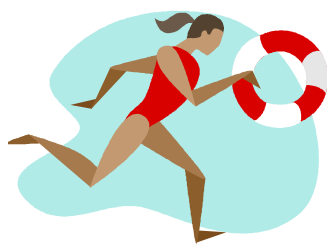
CHALLENGER SPORTS BRITISH SOCCER CAMP

The Challenger Sports British Soccer Camp will run June 28 – July 2 at the Y soccer fields. Challenger Sports is the #1 soccer camp provider in the U.S. run by qualified and talented British coaches who challenge kids to learn new skills and have fun.

Ages 4-5 9:00 am – 10:00 am \$77
Ages 6-8 10:00 am – 12:00 pm \$100
Ages 9-14 1:00 pm – 3:00 pm \$100



Camp participants receive a free soccer ball and t-shirt AND if you register online before May 14th you will receive a FREE British soccer jersey! Register online at www.challengersports.com or pick up a brochure at the Y front desk. Contact Jill Mason at 753-6734 x121 with questions.



LIFEGUARD CLASS

Sign up for American Red Cross Lifeguarding Class. The next class will be held

Monday, March 29—Friday, April 2 from 9:30am-5:00pm.

Fees: Members—\$125 Community—\$200

Class will include: Lifeguarding manual, CPR/AED-PR, First Aid, and Resuscitation mask. 100% attendance and successful completion of exams are required.

Monthly Membership Payments Reminder

Monthly Membership payments are due on the first of each month. Effective March 1, 2010, monthly payments received after the 10th of each month will have a \$25 late fee added to the balance due.

For your convenience, we offer Bank Draft for membership payments. This is an automatic monthly withdrawal from your checking, savings, debit or charge card account on the 15th of each month. Please stop by the front desk for more information if you are interested in this payment method.

YOUTH TEE-BALL PLUS “COACH PITCH” PROGRAM

This coed league is very popular for boys and girls ages 6,7, and 8. It's similar to Tee-Ball with some rule modifications. Coaches pitch to the kids the entire season. Boys and girls will participate in this team sport in a learning environment while having fun. Parents and grandparents are encouraged to sign up as coaches. Games will be played on Thursday evenings. Each participant will receive a team t-shirt.

Registration: Mar. 15 – Apr. 16

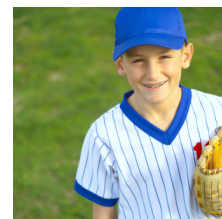
Late Registration: Apr. 17 – Apr. 23

League Dates: May 20 – June 24

Fees: Members: \$15

Community: \$35

\$10.00 extra for late registrations



Announcement

New Equipment


Come in to the Y and check out our new equipment including:


- 3 True Treadmills
- 2 Upright Bikes
- 10-50 lb Kettle bells
- Bosu Ball




If you need training on how to use or operate the new equipment, please ask a staff member for assistance.

The 4 Leaf Clover

 According to the Guinness Book of World Records, the highest number of leaves found on a clover is 14!

 One estimate suggests that there are about 10,000 regular three-leaf clovers for every lucky four-leaf clover.

 Legend says that each leaf of the clover means something: the first is for hope, the second for faith, the third for love and the fourth for luck.