



# BE Y'SE July 2009



*Burlington Area Community YMCA-YWCA*

## SUMMER I SESSION

June 15 - July 11 (4 weeks)

## SUMMER II SESSION

July 20 - August 15 (4 weeks)

### ONLINE PROGRAM REGISTRATION AVAILABLE!!

[www.burlingtony.org](http://www.burlingtony.org)

To save resources and the natural environment, we will no longer print and mail our program brochure. Instead, we will post an online version three times per year on our website:

[www.burlingtony.org](http://www.burlingtony.org)

**In an effort to provide a safe environment for members and guests: Photo I.D. is required for new memberships as well as day passes. Day Pass customers must provide Photo I.D. with each visit.**

In an effort to provide a safe environment for members and guests, the Burlington YMCA-YWCA has partnered with "Raptor". Raptor gives us real-time access to a national sex offender database to minimize the risk of known sex offenders visiting, becoming members, or volunteers.



This summer, Staples and DoSomething.org are teaming up together to encourage teens to collect and donate school supplies at their local Staples store to support kids in need within their community. The Burlington YMCA-YWCA has been selected to receive donations - but we need your help! Support our youth who need supplies to return to school. Donations can be dropped off at the West Burlington Staples store starting July 5th through September 19th. Additionally, Staples customers will have the opportunity to participate by donating \$1 at any Staples location.



Every year, we serve more kids and more families. Through the support raised by the Strong Kids Campaign, the Y reaches out to children and families throughout the community to provide opportunities that they might not otherwise have. Your support provides the funds needed to make these programs available, providing the recreational, learning and life-enhancing experiences that build strong kids, strong families and strong communities. The 2009 campaign will run through July 15th. Please give generously!

### Member Spotlight: Ann Hull



Ann has lived in Burlington her entire life and has been a YMCA member for two years. Ann began her YMCA adventure as a Safari Club Counselor in the summer, she was especially enticed by the free membership she received with her employment! Ann has been dedicated to the YMCA for two summers and wants to eventually try a spinning class. Ann enjoys the fact that the staff is very helpful and deems the front desk staff to be excellent. She also enjoys the fact that the YMCA programs teach the importance of respect, caring, responsibility, and honesty. She believes these values to be universal throughout the world and their importance to the YMCA holds much significance to her. Alongside her dedication to the YMCA, Ann enjoys running and being outdoors. She has a charismatic personality, which draws her to be around her friends and family, this element of her personality also makes her a fantastic staff member for the YMCA!

## Camp McBride

Session	Theme	Ages
7/6 - 7/10	Carnival Fun	5- 12
7/13 - 7/17	<b>FULL</b>	
7/20 - 7/24	Hawaiian Luau	5- 12
7/27 - 7/31	Olympic Week**	7- 13
8/3 - 8/7	<b>FULL</b> <b>**THURSDAY OVERNIGHT!!</b>	

## Gymnastics Summer Camp

This half day camp will cover all apparatuses (bars, beam, vault and floor). Snack provided. Bring a water bottle and dress in proper attire.

<b>Dates:</b>	July 20 - 24
<b>Times/Ages:</b>	5-7 years old 9 am - 12 pm 8 & up 1 pm - 4 pm
<b>Fees:</b>	Member \$40 Community \$55

## Kinder Kamp

Each day at the Y will be a different theme to keep pre-schoolers enthusiastic and entertained. Snack provided.

<b>Dates:</b>	July 27-31
<b>Time:</b>	9 am - 12 pm
<b>Ages:</b>	3-5
<b>Fees:</b>	Member \$40 Community \$55

## Bring it ON Cheer Camp

Participate in cheerleading games, drills, stunts, tumbling, dance and cheers. Wear gym shorts, form fitting shirt, clean tennis shoes, and bring a water bottle and sack lunch. Snacks provided. Free camp tank!

	Member	Community
<b>Dates:</b> July 13-17	\$70	\$85
<b>Time:</b> 9 am - 4 pm		
<b>Ages:</b> 6-10		



Excuse the mess! The aerobics room is under construction. Maple hardwood floors are being installed. Classes will be held in the dance room or gym, please check the front desk for class changes.



**Congratulations** to Abby Helling, winner of the John Slocum Board Scholarship. Abby accepted the award from Board President Steve McAllister.

## Volleyball Camp

Give your child a head start in volleyball. This camp is designed to teach basic volleyball skills and learn how to work in team-like situations. Passing, hitting, setting and serving will be taught. T-shirt included.

<b>Ages:</b>	7 - 11 years
<b>Dates:</b>	July 7 - July 11
<b>Times:</b>	9:30 - 11:30am
<b>Registration:</b>	May 1 - July 1
<b>Fees:</b>	Members \$30 Community \$40



## Youth 3rd - 6th Grade Tackle Football Program

This full-contact program is open to all who are entering the 3rd - 6th grades for the 2009 - 2010 school year. Games will be played on Saturdays and some Tuesdays at the RecPlex. Players learn the fundamentals of tackle football while having a great time playing a sport that is new to them! The league is split into two age divisions: 3rd/4th grade & 5th/6th grade. Each division is open to the first 200 players to register.

- *Players will be notified within the first 48 hours after the coaches meeting.*
- *Each player will receive a jersey.*

<b>Dates:</b>	September 12 - October 17
<b>Registration:</b>	June 29 - August 7 (at the Y)
<b>Fees:</b>	\$100 for the first child; \$90 for each additional child in the same family

## Youth Fall Soccer Leagues



Five leagues: Pee Wee (ages 4-5); U8 (ages 6-7); U10 (ages 8-9); U12 (ages 10-11); U15 (ages 12-14). Coed divisions may be used if numbers do not allow for separate boys and girls leagues. Games will be played on Saturdays at the Burlington Y on fields sized according to the age divisions. Parents are encouraged to volunteer as coaches. Each player receives a t-shirt.

<b>Registration:</b>	June 22 - July 24
<b>Late Registration:</b>	July 25 - July 31
<b>League Dates:</b>	Saturdays, Sept. 5 - Oct. 10
<b>Fees:</b>	Members \$15 Community \$35 \$10 fee for late registrations